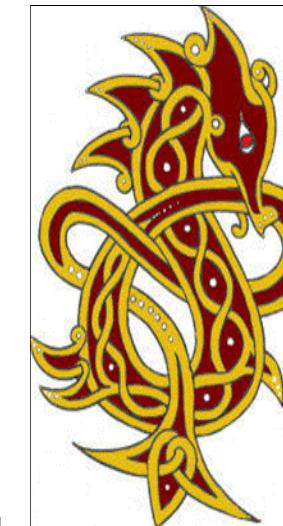


NOREKS TAELS

Volume 2, Issue 2 in the year ASXLIV

March edition



Upcoming Events

- SCA Regional Meeting: TBA, Wandi?
- Blues Alive Demo: 14th March, Rockingham
- WAMA Fayre: 20th March, Supreme Court Gardens, Perth
- Autumn Gathering: 2nd – 5th April, Balingup

Seneschal's prose...

Greetings, I wanted to let you know that I am sitting here at my table pondering matters of universal importance such as; who can I get to make me a cuppa, which will be the next lotto numbers, should I make garb for the next event and is there life after holding the Office of Shire Seneschal?

Now funny enough as much as I am really interested in number 1 and 2, I am happy to continue on with most of these musing but I am desperately keen on discovering the answer to the last question. So to all my enthusiastic, friendly, mentally flexible and organised readers I extend the following encouragement.

Please consider volunteering to take on the role of Deputy Seneschal with the following plan, over the next 3 to 6 months as you learn what is required we will gradually move responsibility for the various obligations, tasks and duties from me to you.

As I have said before being Seneschal of this Shire is rewarding, fun, and has a lot of job satisfaction in addition to which the other Officers and the Kingdom Seneschal are very supportive and will be able to provide answers, advise or inspiration to match any occasions.

If you are willing to contribute to the Shire and the SCA in this way please ring or email me so we can discuss it further, for everybody else please encourage anybody you know who may be thinking about it, I may be contacted on 0434461200 or pfreyer@iinet.net.au.

Part of my reason for wishing to move on at this time is that I would like to focus more the areas of recruiting, heraldry and helping to encourage the fighting arts and at this time these personal goals can best be achieved if I am not holding the Office of Seneschal. In addition it will be healthy and positive for us as a group in the long term to develop a regular and appropriate turn over in the Office holders.

As to other matters...

Spending of the grant money has commenced and we are now by proxy the proud owners of 2 fletching jigs, one with a helical set and the other with a straight set. Other purchases are pending sourcing the best price and I propose that we revisit the decision to purchase a new 3 x 3m pavilion as the Shire has the opportunity to own a 6x3 at a greatly reduced price in addition to a new 3x3.



Kids – print off and colour in your own Norek, prizes will be awarded at the Shire BBQ on the 27th.

Shire Meeting

The meetings are fun and as long as we can get through any required business by 9.30 it doesn't have to be tedious or serious, so I encourage everybody who can make it to turn up to these meetings so that your voice can be heard and Dragons Bay remains a group that caters to the needs of everybody involved.

These meetings are held on the 3rd Monday of every month, to decide on issues such as group finances a quorum of the Seneschal or Reeve plus 2 other officers is required.

Anyway that's about it for now so until next we meet may good fortune be yours to share and may you and yours be happy and healthy.

HERALDRY MATTERS

Group Device

We have a couple of suggestions for a group device and they are reproduced here to help commence the submission process please let me know which one you prefer by the February or sooner and I will get it sorted.

Your name and device

Currently the \$40 cost for registering your name and device is being born by the Kingdom, so it is a good chance to get your very own unique name and device registered and protected for your use alone. Please take the chance to chat with me anytime or talk to me at the sewing workshops about how easy it is to achieve this.

Registration of a name and device is one of the cornerstones that enhances the groups activities, makes it easier for people to address you, certainly displaying your device on banners enriches any event and of course a name and device makes the receiving of award scrolls more achievable

It was great to experience the first Cooking and Brewers meeting and sample the rather yummy presentations of Lady Genevieve I am sure the next meeting will see more cooks and dishes (please contact Lady Genevieve for more information), at time of reading we should have 4 members of the Lochac Cooks Guild, how fine is that.

I also enjoyed the enthusiasm and ideas at the meeting to discuss children's resources. I encourage everybody to support and encourage these and the other endeavours within the Shire and congratulate those striving to enhance this component of our activities in Dragons Bay.

The application for a grant to purchase a trailer will be finalised and if successful we will be purchasing our very own mobile lockable storage and transport apparatus from South West Trailers.

At the next business meeting we will, if those present are amenable, be reviewing our meeting schedule with a view to increasing attendance, please, please, please attend and speak up as it is your Shire too!

I will be at the Kwinana Hub Static Display on Saturday the 6th and I am also looking forward to seeing people at the Blues Alive Demo on Sunday the 14th and the next Shire business meeting on Monday the 15th.

Remember if you want to do something and need support or resources turn up the business meeting and get people talking about how they can help you achieve what you want to achieve.

In service to the Shire and the Dream of something great

Sir Peter Okay fair cop I am currently the only member of the College of Heralds within the Shire, but you can easily change all that .

Of Names and Heraldry.....

Excellent news, we are currently looking at 5 name and device submissions for Shire members and will also be revisiting the idea of a Shire device with a view to having 3 proposals for the consideration of the populace ready this month.

Still waiting on news about our name.

If you are interested in registering a name and/or device or indeed attracted to any aspect of heraldry please contact me to discuss, especially if you want to have a hand in c

creating the Shire's device.

Heraldry can be discussed at the fortnightly Open Arts & Sciences workshops or by appointment with just about any member of the College of Herald's.

In service

Sir Peter



Arts & Sciences Minister (A&S)

Greetings and Salutations do I Lady Genevieve send to the good Volk of Dragons Bay and beyond. It is with a sad heart that I have had to resign as Arts and Science Minister for Dragons Bay. As stated in the last newsletter I have come to the end of my term for this office and although I have not found any good gentle to carry on with this role for the group I do feel that I still needed to resign my office.

This does not mean that I will no longer hold workshops or sewing days it just means that I am free to become more involved in other areas that I really love as well.

Yes, yes I can hear you say but you love it all and I do but now I can also sew or brew when others are doing it too.

As most of you are aware the office of A&S minister is in part to coordinate. You do not have to have great knowledge to become the A&S minister you just need to have to urge/desire to learn and the desire to assist other people in acquiring knowledge and skills in the various areas that fall under A&S. This office also organises or encourages others to organise workshops and meetings to make, discuss and try old and new things. Quite often the A&S officer will seek out people with particular skills to fill guest spots at workshops and to this end they work closely with their counter parts in other local branches and the Laurels (Highest recognition for excellence in A&S).

A&S minister can also organise A&S competitions and assist with judging or advice for judges.

OUR WESTERN SHORES NEIGHBOURS

Shire of Boesenberg: (Bunbury)

Seneschal: Elspeth the Wyse (Lizzie – 0438610006)

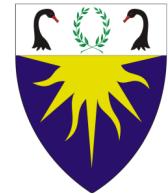
boesenbergseneschal@hotmail.com



Barony of Aneala (Perth Metro)

Seneschal: Betchold Vollarc

seneschal@aneala.sca.org.au



Canton of Abertridwr (South of Swan River)

Seneschal: Andre Montsegur (Andrew)

AbertridwrSeneschal@sca.org.au



Canton of Aachenfeld (North of Swan River)

Seneschal: Catalina de Gata – (Tex 0423198462)

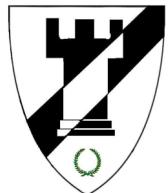
gatanoz@gmail.com



College of St Basil the Great (UWA)

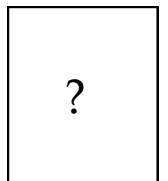
Seneschal: Gillian Attwood –

silly_filly2002@hotmail.com



College of St Lazarus (Murdoch Uni)

Seneschal: Alex (Christopher) mrhellcat@gmail.com



Regnum

King & Queen of Lochac:

Their Majesties BRAN and LILYA royal@sca.org.au



Crown Prince and Princess of Lochac : to be decided at May Crown

THE SHIRE OF DRAGONS BAY

Seneschal - Peter D'Gaunt Noir (Peter)

0434461200 or pfryer@iinet.net.au



Reeve - Stephanie of Dragons Bay (Steph) smcglew@yahoo.com.au

Arts & Sciences - Vacant

Chronicler - Shared role

Constable - Robert of York (Geoff) geoffrey.heathcote@yahoo.com

Group Marshal - Genevieve du Montfleur (Fiona)

Webminister - Matthew de Rohann (Matt) matrohan@hotmail.com

Hospitaller - Peter D'Gaunt Noir (Peter)



minister. Please talk to either Sir Peter or myself if this office interests you.

In Fun and Frenchship

Lady Genevieve Du MontFleur



CHRONICLER BITS

Along with our beloved Norek this months cover features a group shot of the recent expedition to Aneala's 12th Night celebrations a somewhat hasty snap taken as the hall was being cleaned up. It was a lot of fun and great to see you all there next time more dancing!

As we do not currently have a Chronicler Lady Genevieve has requested that she be able to do the newsletter for March and I believe she would like to either help with the role of Chronicler until the group has a Chronicler

Regards your guest Chronicler for February to whit Sir Peter

DISCLAIMER:

NOREK TAELS is not an official publication of the Society for Creative Anachronism (SCA) and does not delineate SCA policy. The official newsletter for the Society in Australia is *Pegasus*, which is available from the Registrar at

registrar@sca.org.au



Arts & Sciences

Greetings from the outgoing A&S minister, before I resigned I wasnted to start to organise things for the youth of our group to do at events, tournaments or camping weekends.

I called a meeting with all the stakeholders e.g parents kids etc. The meeting was a great success thank you to all those who attended it was a great.

At the meeting we have decided to firstly gains some wood so we can shape them in different shapes in order for the youth no matter what age can build things like castles carts (that really work) or anything else that their imagination allows.

Several people at the meeting have areas or items that they need to research in order for us to achieve this.

Also it was decided that we will also encourage and train our youth in Boffer fighting and Archery as the other arts of A&S including Calligraphy and Illumination.

If you or your child/ren are interesting in any of the areas above please contact me and we can work together in making the SCA more enriching for your child/ren.

Thank you again to all those who attended this meeting if you could not attend this meeting perhaps you can attend the next meeting which will be held on Saturday the 13th March at Sir Peters Langridge outpost.

For those interested in the Cooks Guild Sir Peter posted information last month relating to this please read the information below and have a look at the links they are a really great source of information.

Basically the purpose of a local Cooks Guild chapter is to promote cooking in a Medieval and Renaissance style, encourage research and study of period cooking, make readily available information on period cooking and its modern equivalents, maintain an index of information and period resources and support the Kingdom Guild. The Guild recognizes individual achievements with the rankings of novice apprentice, journeyman/woman and master/mistress we all get to recognize your achievements by saying yum!



Awards and Recognition

People in the Shire will get formal recognition of their efforts if the King and Queen find out they are doing a good job, since they don't visit very often your help in letting them know what is going on is critical. A guide to writing awards is on the Shire Yahoo site to assist you, and I would just like to say that recognising peoples effort in this way is one of the most significant thanks people receive. Nobody does it simply to get an award but it is lovely when the people of the group you are working and striving for show their appreciation.

Awards fall into three general categories of Arts & Sciences, Service and Fighting you don't have to mention any particular award, just explain what somebody is doing and how they do it, make sure you get their name right and it doesn't hurt to include their non SCA name. Writing separate letters or emails for each individual makes more of an impression and may remove any confusion.

We also recognise people at a local level with a Shire token so if there is someone who has done a lot to make the SCA a better place please let me know, also if you just want an outline of awards let me know and we can have a chat.



Potatoes were served in period!
On his return from the New World along with tobacco and al sort of pretties Sir Walter Raleigh brought potato. When it was served to Queen she sent it back to the kitchen re-

MUSHROOM TARTS – recipe from the Yule Feast

This pie has a consistency resembling that of a quiche, though made almost entirely of mushrooms.

500g mushrooms
30g Ricotta
3 eggs
3 egg yolks
1 tsp pepper
1 tsp ginger
1/2 tsp cloves
1/4 tsp mace
Butter
Pie Shell



Cut mushrooms into pieces (slice and cut if they are large mushrooms). Fry mushrooms in butter. When cooked, drain oil, and put into a bowl. Add eggs, cheese and spices. Put into pie crust and bake at 350 for 45-50 minutes, or until golden brown (insert a knife or toothpick to ensure it has solidified all the way through).

Source [Libro di cucina/Libro per cuoco, Ludovico Frati (ed.)]: XCVIII. *Torta de fongi bona e perfettissima. Se tu voy fare torta de fongi col ♦, toy li fongi intriegi mondi ben lavati, fane morseli grande e premi ben fuora l' acqua e toy larido insalato distruto e ben colato e mitili al sofrigere con esso li fongi e alquanta aqua che non se ardesseno e quando sono apresso cocti, trali fuera in uno catino e mitigi con essi quantit ♦ di caxo e de ova e meti questo batuto in uno testo con una crosta molto sutille la quale forte molto vole essere sotille e zalla e ponderosa de specie e assay fongi e puochio e ova e falla coxere bene.*

Source [Libro di cucina/Libro per cuoco, Louise Smithson (trans.)]: XCVIII - *Tart of mushrooms good and most perfect. If you want to make tarts of fungi middling, take the mushrooms whole peeled and well washed, make morsels large and squeeze out all the water and take salted lard melted and strained and but to fry with the mushrooms and enough water that they don't burn (scorch) and when they are just cooked, pull them out in a basin and mix with them a quantity of cheese and of eggs and put this batter in a testo (covered pan) with a crust very thin that is very strong but must be thin and yellow and powder with spices and enough of mushrooms and little of eggs and make it cook wells.*

More Links (reproduced on the yahoo site as well)

A Study of Cooking Tasks, Methods, and Equipment in the Renaissance Kitchen

<http://www.katjaorlova.com/MedievalKitchenEquipment.htm>

Arts & Sciences continued...

Ninth- and Tenth-Century Viking Foodstuffs

<http://www.cs.vassar.edu/~capriest/vikfood.html>



Elizabethan Food and Drink

<http://www.springfield.k12.il.us/schools/springfield/eliz/elizfood.html>



The Crusader and Ayyubid Period (1099-1250 CE)

<http://jeru.huji.ac.il/ef1.htm>

No Eels, Please! Non-Weird Period Food

<http://www.katjaorlova.com/NotWeird.htm>

Norek's February Quiz

Can you identify the badge below?

Answers to be published on the yahoo list please, a chocolate prize to the first correct answer posted.



Orange Cinnamon and Clove Mead

Step 1; Clean a 1-gallon carboy, which is a plastic brewing vessel fitted with a rubber stopper and a fermentation or air lock. Substitute a clean plastic jug if you don't have a carboy.

Step 2; Boil 1 gallon of water. Add honey to boiling water stir to mix well.

Step 3;; Slice the orange into small sections. Add the orange, cloves and [cinnamon](#) to the honey mixture. Cover and let stand until cool. Decant the mixture into the carboy.

Step 4; Add yeast. Use champagne or ale yeast specifically made for brewing. Baker's or bread yeast won't provide a satisfactory result when used to make mead.

Step 5; ; Install the fermentation lock on the carboy. Place the carboy in a warm dark place. Allow fermentation to occur. The process should take several weeks to 2 months.

Step 6; Use a clear plastic tube to siphon the clear liquid into bottles. Seal and cap the bottles. Store in a cool dark place at room temperature.

Kingdom Competitions

May Crown XLV (2010) hosted by Barony of Rowany

Item of clothing or armour re-created from a portrait / illumination / woodcut

A Blacksmithed item

Performance of a song in rounds

Midwinter XLV (2010) hosted by Barony of Ildhafn

A carved item (email entries are encouraged if there is an issue with quarantine)



VENUE SOUGHT

If anybody knows of an inexpensive meeting place please let me know, as I am looking into the viability of the Shire holding meetings and such in a hall or meeting room again. Ideally it has to be central, available, have plenty of parking be easy to find and inexpensive.

The pluses are; that a public venue can be less intimidating for a new person to come along too for the first time, and available space is more generally useable for a variety of activities eg meetings, dancing, sewing etc...

The possible down side is the meeting needs to be well support by the group otherwise it can become a financial burden and a waste of time resources. So divide the cost by the number of people likely to turn up.

Nothing definite yet but it pays to think and plan ahead

In service to the Dream

Sir Peter

RANDOM LINKS or ITEMS of INTEREST

Burnett, Charles (ed.). *< i>Ibn Baklarish's Book of Simples: Medical Remedies Between Three Faiths in Twelfth-Century Spain</i>*. Series: Studies in the Arcadian Library, no. 3. Oxford, UK: Oxford University Press, 2008. Pp. 216. \$170/ú85. ISBN-13: 978-0-19-954306-9.

A link to some Polish treasures, including Italian, Russian, French, Jewish, German, Islamic and Armenian manuscripts, maps, atlases, books of hours 11-15 C etc

<http://commonwealth.pl/>

A beginners' guide to the Latin used in documents between 1086 and 1733. It is the first online tutorial to help you learn the Latin from this period. The tutorial covers the period between 1086 and 1733, when Latin was the official language of documents written in England.

<http://www.nationalarchives.gov.uk/latin/beginners/>

Local Activities	MARCH		APRIL	
AMOUR-ING & A&S 	Saturday 13th 1.30 – 4.30 Peter's Place 21 Langridge Cres, Orelia	Saturday 25th 1.30 – 4.30 Peter's Place 21 Langridge Cres, Orelia	Saturday 8th 1.30 – 4.30 Peter's Place 21 Langridge Cres, Orelia	Saturday 22nd 1.30 – 4.30 Peter's Place 21 Langridge Cres, Orelia
Shire Meeting 	Monday 13th 7.00 – 9.30pm The Bower Waikiki		Monday 10th 7.00 – 9.30pm TBA Offers anyone	
COOKS & BREWERS BBQ 		Saturday 25th 1.30 – 4.30 Fiona's place 6 Sheathbill Court, Safety Bay		Saturday 22nd 1.30 – 4.30 TBA Offers anyone

To host a meeting or workshop check with the relevant officer as to what requirements there are re space or other resources and then bring your proposal along to the Shire meeting. You could also discuss it on the yahoo list.

<p>Dance - (reconstruction details tbc)</p> <p>Gardening - a treatise on the properties of a perfumed plant (in the style of Cul-pepper)</p> <p>November Crown XLV (2010) hosted by Barony of Aneala</p> <p>Lace Making</p> <p>Glass - an item of glassware or stained glass</p> <p>Aprons for working people (i.e., craftspeople, smiths, cooks)</p> <p>About judging Arts & Sciences competitions, I won't reinvent the wheel here is the Kingdom web site that explains it all. http://www.lochac.sca.org/artsandsciences/cp-judging.html</p> <p>Okay that is plenty from me, I look forward to seeing you all soon and in the mean time please direct any questions to my stand in Sir Peter. Me I am going back to sitting around the pool sipping drinks with umbrellas in them and getting massages – it a hard job but somebody has to do it sigh (do you fell sorry for me yet?)</p> <p>In fun and Frenchship Lady Genevieve du Montfleur</p> 
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