#### Volume 1, Issue 2 ASXLVI

Populace News:

Welcome to all new

Congratulations to

Lord Ragnar and Lady Olwynne on

M'Lord Ansgar is a

 M'Lady Avalon is now the he deputy

members

their AOA

new Squire

Hospitaller

 Happy 21st to m'lady Jayne

#### January 2012

lorek Qnels



## Shire of Dragons Bay

## If Music Be the Food of Love, Play On

The crown it passed along the line From champion past to present To hold the kingdom dear to heart Were heard with nay dissent

Our kingdoms just queen and king From warring lands they come To join together in this reign To make their peace as one

An angel sung at court this eve Her voice was sweet and pure A bawdy song in virtue tones Disguised in act demure

A breaded crown presented there Sugared and taste a-ginger The king did share the bounty sweet Cooks pride without an injure



Much pageantry was see this day Flags and banners flying high To Twelfth Night and to Dragons Bay Huzzah! Huzzah we cry!

## What a Way to Start!

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## Well it's been a busy start to our 2012.

12th Night: what an awesome weekend!

The outgoing King and Queen and the incoming King and Queen were very impressed with the whole weekend. Everyone from the Shire and all other groups who helped out did a fantastic job; we all worked very hard to help Lady Genevieve make a success of

Lord Raynald won one of the Archery competitions and Milord Ansgar was given the red

this event.

belt of squire by Sir Peter. Lady Catherine put in an awesome display of an Embroidered Book and Lady Olwynne and Lord Ragnar received their Award of Arms. A very Big Huzzah to them all.

A Big Huzzah needs to go to Lady Genevieve for her wonderful effort in making the weekend a fantastic one.

On Australia Day we held a demo down at the foreshore at Rockingham although due to the extreme heat there was no fighting. Lord Raynald spent most of the day dressed in his armour so that interested people could see what it was like and Sir Peter, Lord Robert, Lord Ragnar and Lady Olwynne plus others from Abertwidr spent hours talking to interested people. For those who helped to set up and break down a big thank you.

Archery and Heavy training start again as of this weekend, and our next demo at the Blues Alive festival is on the 18<sup>th</sup> March.

YIS Lady Petronilla Fairwif of Horsford Seneschal of Dragons Bay

### Combat Conversations



#### Food fit for a Feast!

The regular meetings for Cooks and Brewers was put on hold over January due to the 12th Night event.

Our very own seneschal Lady Petronilla is an amazing cook who can feed a horde on very little coin; as well as this she ensures everyone eats and eats well. Here we share one of her recipes to cater for the non-meat eating attendees at a feast.

### I remember the first time I was coaxed (dragged) into the Eric by the then Knight Marshal of the incipient Shire of Dragons Bay and wielded the yellow staff. To be that close and watch these men and women battle each other was a great thrill.

Having lots of fighters (which we don't) and lots of archers (more than fighters) the next most important Lords and Ladies we need are marshals. I remember a small event a few weeks ago (12th Night) where the Queens Tourney was in danger due to a lack of marshals. Any authorised heavy fighter can marshal heavy combat but they are all usually competing so someone has to miss out.

So if there are any Dragon Folk who are keen to one day compete, the best way to learn the rules is to marshal. So all you need to do is see the Knight Marshal and any of the Sunday training sessions we can start your training.

Lord Raynald Greygoose Marshal for the Shire of Dragons Bay

### Cooks & Brewers

#### Moroccan spiced Sweet potato & Couscous salad

1kg sweet potato, peeled, cut into 2cm pieces

- 1.5 tsp olive oil
- 1.5 tsp cumin seeds
- 1.5 tsp ground coriander
  1.5 tsp ground cinnamon
- 3/4 tsp ground ginger 500g beans chopped into 2 cm
- lengths
- 1 3/4 cups vegetable stock 1 3/4 cups couscous
- 1 x 400g can chickpeas,
- rinsed, drained
- 30g toasted pine nuts

60ml fresh lemon juice 1 cup chopped fresh coriander yoghurt, to serve

#### Method

- 1. Preheat oven to 200°C. Line a baking tray with nonstick baking paper.
- 2. Combine the sweet potato, oil, cumin, coriander, cinnamon and ginger in a large bowl. Season with salt and pepper. Gently toss until sweet potato is coated in spice mixture.
- 3. Place, in a single layer, on the lined tray. Bake in oven, turning occasionally, for 30 minutes or until golden brown and tender.
- 4. Meanwhile, cook the beans gently in a saucepan of salted boiling water for 5 minutes or until bright green and heated through. Refresh under cold running water. Drain.
- 5. Bring the stock to the boil over high heat. Remove from heat and add the couscous while stirring with a fork. Cover with a lid and set aside for 5 minutes or until all the liquid is absorbed. Use a fork to separate the grains. Transfer to a large bowl. Add the sweet potato, beans, chickpeas, pine nuts, lemon juice and coriander and gently toss until well combined. Season with salt and pepper.

Medieval Vegetarian Recipes:

http://nvg.org.au/documents/other/medieval\_vegetarian.pdf



Congratulations to Lord Osric on his registered device! A long process but well worth the wait.

M'lord Ansgar has his name and

## Heraldry Huzzah!

device advanced to the 'decision making' stage so this is the next step along.

M'lady Avalon has been developing a design for her device researching a variety of medieval instruments. (it is amazing how many versions of the Game of Thrones theme played on medieval instruments there are on you tube...)

Lord Robert has developed a design that has evolved from his original and has painted a shield to match: very specky stuff Lord Robert! Having a registered name and device gives you a strong connection to your persona and makes them that little bit more real.

(What? They aren't real???)

See your herald today and get creative!

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### The Spectacle of a Coronation



The Twelfth Night Coronation was hosted by the Shire of Dragons Bay and organised by the autocrat our very own Lady Genevieve. In the spirit of creating an event to remember and to bring all the groups on this side of the kingdom together, this gracious lady sought expertise from the populace in running this event.

Lady Genevieve described the event as a very special occasion for the incoming royals and it was her dear-

est wish to give them a coronation to remember. Well, it didn't disappoint!

The coronation took part on the Saturday morning, with a ceremony of flags and giving of gifts and breaking of arrows. The archers watching on admired the craftsmanship of the arrows and more than



not only his Highness but also Duke Cornelius and Sir John.

Visitors from groups afar whether they are titled or not bring another element to our sca fun; it is an opportunity to share ideas and make new friends, and also to gain inspira-

g on admired the craftsmanship of the arrows and more than one gasp was heard as they were ceremoniously broken. Our new King and Queen come from differing regions and have come together in their reign to bring peace and add to the story of Lochac.

Their majesties spent time with the populace chatting and sharing knowledge, always willing to share an insight and give advice. We were also fortunate to have visiting Laurels who also shared their knowledge with others; Lady Petronilla was seen beaming with joy after spending time with Master Drake

Morgan and we all look forward with anticipation on the culinary delights that she will grace future feasts with. Our fighting contingents were given the honour of training and advice with





At court, milady Avalon sang most beautifully for the entertainment of the court; a hushed silence fell and

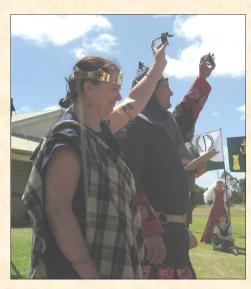
tion for garb and accessories.

all listened enraptured. The Analean Bards also presented musical entertainment throughout the weekend; milady Avalon joining in whenever she knew the song. Do we now have a bard in our midst? Joyfully the populace awaits the next song.

Our own Ragnar and Olwynne were presented their Award of Arms: this is well deserved and is recognition by the crown of the contributions made to the Shire and to the kingdom. Lady Olwynne's beautiful embroidered apron was much admired by the king and all those present. Of course we already knew how great this couple of Noreki-

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ans were and we all beamed with pride at their formal recognition. Congratulations to Lord Ragnar and Lady Olwynne.

The Queens Tourney gave all fighters the opportunity to test their skills and learn new techniques. The highlight for your humble chronicler was when Sir John graciously challenged Wulfric to the first bout; this chivalry from a knight to a new fighter and also the only minor fighter showed what the SCA is really all about. M'lord Ansgar was formally taken on a squire to Sir Peter, witnessed by the populace and the crown. He took his first challenge against Duke Cornelius and showed all that it is better to choose a mountain if a fighter is planning to improve.

This event showed many aspects of chivalry, honour and friendship but also showed the vast variety of personas that are adopted within the SCA. The quality of garb and attention to detail showcased the passion that is

held by some for a particular era in time. Although there was a span of hundreds of years

it all came together; in the SCA you can be from the era that you wish and still fit in with your fellow scandians.

Much went on behind the scenes of which I, your chronicler is not personally aware but of what I do know requires, nay demands acknowledgement. Firstly Lord Raynald for transporting royals, setting up sites, organising archery and for much, much more. Lady Petronilla for working tirelessly in the kitchen ensuring that people ate, and ate well. Lord Osric for set up, marking out and running errands, M'lord Ansgar and milady Jayne for obtaining flowers, Lord Robert for setting up, Sir Peter for his amazing heraldry, their excellencies the Baron and Baroness for facilitating introductions and to everyone who came along and helped make this event a big success.







### Arts & Science

Lady Olwynne amazed the King with her incredible embroidered apron. By putting some thought and effort into your garb you can transform your persona and really make something special. Lady Olwynne chose patterns and designs that she liked and using simple, easy to learn stitches created this amazing piece of art. We all wait for her next piece and she should be very proud of her efforts: anyone who takes the time to embellish and add decoration helps improve the atmosphere and the fun for all.

Lady Catherine entered the 12th Night A&S competition in the embroidery category and to her amazement and honour was awarded second prize.

She entered an Elizabethan embroidered book cover which was painful but yet extremely enjoyable to do.



We were privileged to have at 12th Night Acacia de Navarre who is a Laurel for Embroidery She gave her time and shared her knowledge to Ladies Catherine and Olwynne. I know that Lady Catherine was greatly inspired and extremely grateful for her hints and tips for future projects. http://www.sca.org.au/dragonsbay/index.html

https://www.facebook.com/?ref=home#!/groups/148487471862111/



### Shire of Dragons Bay

**Seneschal** - Lady Petronilla Fairwif of Horsford (Lynn) 0416 020 681 <u>abowering@yahoo.com</u>.

**Marshal** — Lord Raynald Gray Goose 0438280782 - After 5pm weekdays, 8am-9pm weekends <u>albowering@hotmail.com</u>

Reeve -Lord Osric of Lindisfarne (Scott) winn937@hotmail.com

Herald — Sir Peter D'Gaunt Noir (Peter) pfryer@iinet.net.au

**Hospitaller**— Sir Peter D'Gaunt Noir (Peter) pfryer@iinet.net.au Deputy — Avalon of the Isle (Avalon)

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Chronicler Lady Catherine of Shirwode (Fiona) catherineofshirwode@hotmail.com

Constable - Lord Ragnar Thorrenson (Phil)

Web Minister - Sarah of the Hills (Sarah)

#### **Important Dates:**

11th Feb: Single Sword Tourney

6:30–10 pm Kenwick Rec Centre

16th Feb: Murdoch O-Day

20th Feb: Shire Meeting

24th Feb: UWA O-Day

12th & 26th Feb: Archery @ Wandi

5th & 19th Feb: Fighter Training

### Reeve's Report:



As of 16th January 2011:

Incoming: \$3817.00

Outgoing: \$2005.00

Available Balance: \$1303.29

\*Monies from 12th Night are not fully finalised

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WAMA Medieval Faire 17th March

Blue Alive Festival Demo 18th March

Colleges Newcomers Feast 24th March

Aneala 25th Anniversary Camping Weekend 27th–29th April

Pencampwr 1st-4th June

Archery Training every second Sunday at Wandi

Heavy Fighting Training alternate Sundays at the Village Green

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