



Hear ye, hear ye!

Welcome all, to the December edition of the Newsletter for Dragons Bay. I hope you do enjoy it. Without further ado, here are a few words from your seneshal.

## **Greetings** populace

It is with great joy that we, Dragons Bay have been granted the title of Canton. Our members are all very excited about things to come.

November saw the visit to our shores of the King and Queen of Lochac. We were honered to have them in our prescence for the Red Dragon Celebration and look forward to having them back in the future.

As the Yule season approaches, I wish everyone much feasting, drinking and fun. Until next year...

> Always at your service Lord Robert Leffen of York Seneschal of the Canton of Dragons Bay



# ews with pictures!

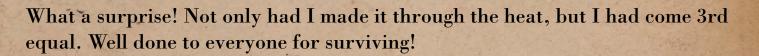
On November the 10th we held an IKAC at the Dragons Lair. This was my first IKAC.

It was a really hot, sunny day and I didn't think I would make it through to the end of the contest. Being outside in the heat is not something I can usually cope with and every time we finished shooting I would say "Just one more then I think I'll end at that."

But, I kept on pushing myself and to my surprise I made it completely through my first competition.

The IKAC results were: Open Thomas - 84 Ragnar - 66 Kristen - 65 Kyffen - 65 Catherine - 57 Lealan - 57 Oswald - 44 Rachae - 33 Sable - 32

Period Division Branwen - 70 Kilic - 28



By Kristen



## Photos from the Dragons Bay Royal Round Rankings in October





## Cupid (Consort) Shoot









# **NEW REEVE REQUIRED**

#### Greetings all.

My time as the Reeve for the group is due to finish soon. As such we need someone willing to step up for this role.

The Reeve is responsible for accounting for and looking after the groups finances including reporting at the group meeting each month, the Kingdom Exchequer and SCAA Ltd Treasurer quarterly.

The Reeve is also one of the required office bearers for any group.

An understanding of Internet Banking and Microsoft Excel would be a great advantage.

Should anyone wish more information please feel free to contact me or the Lochac Exchequer website has the handbook and other resources.

Should you wish to take on this position please contact myself or the Seneschal.

## YIS Osric of Lindisfarne



# rts and Sciences Corner

Greetings From the A & S Officer.

A & S is unfortunately still very quiet at the minute, we will not get back into any sort of workshop or sewing days now until the new year, due to the amount of things on between now and christmas.

But in the New Year I would like to start doing a workshop once a month and a sewing day once a month as well. It has also been suggested that we have an evening once a fortnight

maybe where we just bring something along that we are working on and have an evening of discussion and passing on of information rather than learning how to do anything. Please let me know what your thoughts are on this, and also please let me know if there is something specific you would like to learn how to do and I will see if I can find someone who can come along and teach us how to do it.

The feast is coming up on the 7th December and we are having and open A & S competion and we are also having a tablewear theme, be that either a place card of a table cloth or runner or napkins, something along those lines. Thank you so much to Lady Catherines great idea). Please have a go and enter the A & S.

The next Cooks and Brewers will also be next year now as there is not enough time for another one before Christmas, but hopefully the enthusiasm will be there next year as much as it was this year.

So I would like to take this opportunity to wish everyone in the Canton a wonderful Christmas season with lots of Love and Laughter.



# On Split hose and how to make them By Sigmund

Despite modern misconception and the medieval image often portrayed by Hollywood, "trousers" were unheard of for most of the middle ages. Men (and possibly women) of all classes wore a pair of baggy drawers or "shorts" under their normal clothing known as Braies or "Breeches". The braies varied in length from around knee length to upper thigh length at the turn of the 15th century, they were usually made from white linen.

Laced to the braies was a pair of close fitting hose or "chausses" to cover the rest of the leg, the hose was usually made from a heavier linen and varied in colour. Hose covered most of the leg and grew longer as garments grew shorter. They could have a simple "stirrup" running across the arch of the foot or could cover the foot entirely like a sock. Some even had leather soles attached as an alternative to shoes. To further secure the hose garters of leather or simply cloth were tied around the legs under the knees. Split hose was worn until around the turn of the 15th century when it was replaced by joined hose, under which short braies were usually worn.

For those pursuing a typical 13th-14th century look, I personally recommend split hose to complete your garb, they can be worn under simple tunics or cotehardies and together with simple turnshoes can dramatically improve one's appearance from the "Tunic, jeans and work boots" look. Having made two pairs of hose I can attest to their comfort, practicality and authenticity.



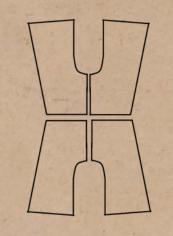
## You will need:

- Shoestring (non synthetic as it slips too easily) or you can make strings from the white linen
- 4 metres of White cotton
- Approx 4 metres of linen (I used cotton drill, can be any colour you wish)

## **Step One: The Braies**

I found the simplest way to make the braies was to take a pair of loose shorts and use them as a pattern, be mindful of the crotch area as well as to have a generous seam allowance for the drawstrings. If using plain white cotton I suggest two layers as it eliminates transparency. When you have 4 even patterns, join them at the sides, down the middle and the inner seams then with a little care sew the top edge over with the shoestring inside. Two little holes will suffice for the ends to poke out of. I have drawstrings on the knees but this is optional. After that simply sew two shoelaces to the hip areas on the braies for you to attach your hose to.







**Step Two: Hose** 

There are numerous ways of making a pattern for the hose, what worked best for me was to cover my legs and feet in plastic bags then wrap around them in tape going up to the hip joints, this provides a pattern unique to your shape. Once that is done split the tape wrappings down the sides, cut around your feet and you should end up with a pattern for the sole of



your foot.



Take the patterns and lay them out on your material, when cutting allow for seams, the braies that will fit under the upper hose and don't make the ankles too tight otherwise you will not be able to fit your foot through.
(I discovered that the hard way) Stitch the hose together then with a little patience stitch the sole to the bottom of the hose, the outer edge should extend to a point to meet the hip area of the braies. Make two button holes on the points of the hose and what you should end up with is a very long sock.

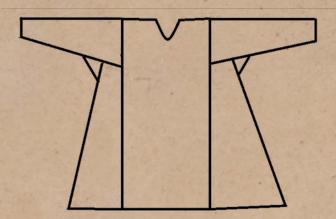
Repeat this process with the other leg then if all went well you should be able to slip the hose on, tie it to the sides of the braies and there you have it! Hose.



# A different type of Under Dress. By Lady Catherine of Shirwode

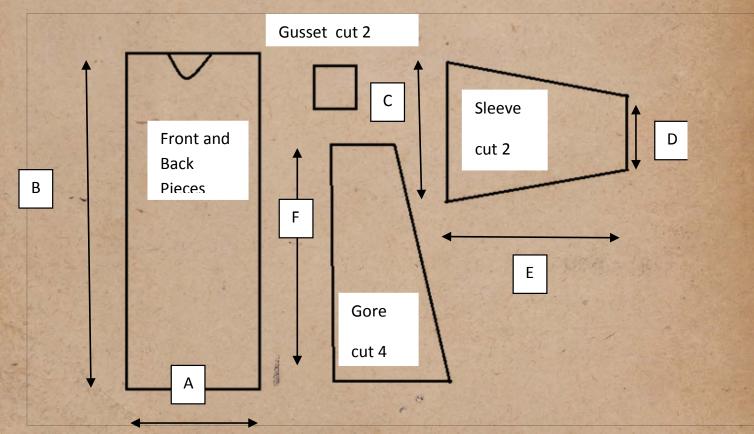
This is a basic pattern that is challenging but not insanely so. This under dress can be used with early period clothing. What I like about this style is that it allows for some nice seam detailing down the full length and is easily sized up or down. This would be a good beginners sewing project as it has mainly straight seams but also introduces gusset inserts. If you haven't tried pattern drafting then this is a good starter as it is all straight lines. Embroider a separate neck facing and cuffs and you will have a wonderful personalised look in no time.

The basic cut of this tunic is interpreted from the Eura finds in Finland, around the 1000 AD mark.



To make this tunic either draft out a paper pattern or draw directly onto the fabric, it is always a good idea to test a new pattern out on cheap material, cotton lawn or an old cotton sheet will make a wearable sample.

#### You will need to draft the following pieces:



#### **Measurements are as follows:**

A: shoulder width

**B:** Length (how long or short you want it)

- C: Arm top (measure around the thickest part of your upper arm including the lower part of your armpit)
- D: Wrist (actually measure around your hand lying flat, otherwise you won't get the sleeve on!)

E: Length of Sleeve from shoulder to wrist

F: Calculate B - half of C.

Gusset is usually around 4-5 inches square, the top of the gore is around 5 inches or so as well. The width of the gore will depend on how full you want your tunic or how much material you have.

#### **Assembly:**

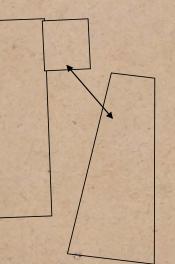
Sew the front to the back at the shoulders if you haven't cut it out on the fold. TIP: Finish the neckline now! It is much easier to face the neckline opening when the fabric still lies flat.

Attach the gussets to the side of the top of the gore. Then sew the gores together. Attach the sleeve to the top of the gore/gusset arrangement and sew closed.

Wait! huh? Simple? Lost yet? This seems a lot more complicated than it is, but it is easy to muck it up so follow these steps.

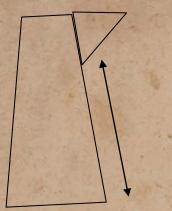
1. Sew gusset to the top of the gore.

Gore
Gore
Sew the seams together marked by the arrow, leave seam allowance on the bottom of the gusset
2. Sew the gusset to the other gore.

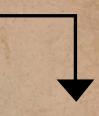


#### This looks more complicated than it is, all you do is sew the top of the second gore to the gusset side as shown by the arrows, you will end up with the gusset sewn in a diamond shape attached to both gores.

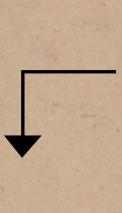
3. Sew the side seam of the gore.

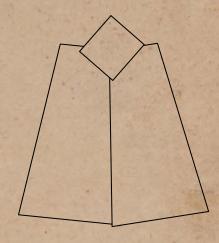


When you fold the gusset it will go triangular, then you sew down the seam.



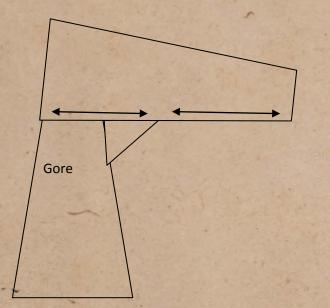
When opened up it will look a bit like this:





4. Attach the sleeve.

Yay! You have inserted a gusset!



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Fold the sleeve in half, then sew each bottom side to the top of the gore/gusset combination. Then sew the sleeve shut along the length.

- 5. Complete assembly by attaching the sleeve/gore combination to the side front. See the tunic diagram for help if needed. Now repeat for the other side!.
  - 6. Finish off your snazzy new tunic with some simple topstitching or chain stitching or braid. I prefer to hand finish all raw edges to give the tunic a nice handmade look.

#### How to use your new tunic:

To look Viking put under an apron dress, Russian a panova skirt, Finnish a peplos, or even a simple tabard. :) Linen is the best fabric but cotton works well for those on a budget . A gorgeously decorated silk tunic would turn heads!

This is probably my favourite tunic pattern so I am more than happy to help anyone pattern and sew their own fabulous version!

In service to garbing the world:

Lady Catherine of Shirwode.



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Left: Pumpkin tunic: photo courtesy of Sue Kay.

## The Arts and Sciences 50 Challenge

For those of you who are interested (or slightly obsessed in some cases) with creating things in your spare time, you may or may not have heard of the World Wide A&S 50 Challenge.

The challenge is to create 50 things of your choosing, by May 1st 2015, to celebrate the SCA's 50th birthday.

There are 3 challenges on offer:

The Depth Challenge - Create 50 of any one type of thing, in order to push your skills and knowlege to new levels (how broadly you define this is up to you)

The Breadth Challenge - do/make/learn 50 new and different things (how new, and how different is up to you/your group)

The Persona Challenge - make/learn 50 different things that your persona would know, have, or know how to do

This Challenge has been going since 2007, but if you are interested you still have a year to hop on board and take part!

For more information go to:

http://artsandsciences50.org/index.html



For some inspiration and to see one ladys challenge visit

http://coblaith.net/Heraldry/50Ways/50Ways.html

Here she investigates '50 different purposes to which people put their coats of arms before 1600'. It is well worth having a look at.

Fiona has also come up with a great idea for a challenge!

"Most Creative Device Placement"

Get creative with your device and photograph it. Or photo-bomb someone else's photo by sneaking your device into the background!

Some ideas include: covering someone else in stickers of your device, slapping your device on the back of a fighter (without them realising), posing your device next to a well known landmark... the list goes on!

The best photos will be published in the upcoming newsletters!

So register a device and join the fun!

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# Journey to the Kingdom of Atenveldt - Part 3 By Avalon of the Isle

**Fighter Practice** 

The night was young...

Yes, the night,

Because the land of the Barony of Atenveldt scorches during the summer day.

In the Valley of the Sun, her fighters take respite,

By bashing during the night.

There is a grassy slope leading down to the field and this becomes populated with a line of spectators lovingly dubbed "Hill Potatoes." I thought that was hilarious.

When I arrived, I looked for faces I knew from archery and the business meeting. I found the kind lady 'with the known world on her shoulders,' Dalla. She had a piece of 'wall' waiting for me. At the business meeting, it was put forth that people make their canvas walls to put up at the camp site for the Great Southern War. I jumped at the bit to make one for Dragons Bay so that our symbol would hang proud and represent the ties made from a distant land.

As well as getting information on how to decorate my wall, we chatted about the players present. I again commented on the numbers. Surely, I thought, that those present encompassed members from the three Baronies in the area; but no! All fighters and households present, perhaps excusing a visiting fighter here and there, are from Atenveldt. I expressed that a 3rd of those present is about how many participate in fighting in my area. She then added that their numbers were down from the usual attendance!

While I was talking, I overheard a gentleman performing a song to an older couple. It was very bardic. I shortly thereafter introduced myself to him as an Ambassador and asked about the origins of his funny tune. He gave me the website for a well-known local group called the Whisky Bards. I thanked him and went to sit and take in the scenery and action of our new sister Barony. There were drummers plying on and off during the evening and it sounded very fitting and war-like.

I must have made a nice impression on him because he passed me by 'on a mission' out of the park and said he had something for me. Imagine my

surprise when he returned with three books, bound by him as a bard of Atenveldt. It was a collection of songs, filks and poetry. I was humbled and amazed to be presented with such a kind gift. I only knew him for five minutes but Lord Michael Sinestro thought it pertinent for me to please, "Share this with your mates."

As I perused them back in my Hill Potato spot, I decided that I could not merely accept such a gift without offering anything in return. I went back to him with a \$20 dollar note and presented it with much gratitude. He goodnaturedly said he wouldn't refuse it and that \$20 is about what he charges for them anyway, so it was perfect. They will be a wonderful addition to the Dragons Bay library and I will endeavour to bring his works to our events, and share with him the fact that his Bardic Legacy is being performed in the Kingdom of Lochac.

On this first fighter practice night, I made the acquaintance of the Barony's Herald, Kedivor Tal Mab Cadwgan and Angelika von Schwaben. We had some lovely and funny conversations. I believe it was Angelika who told me about the 'Primordial Ooze.' Being that Atenveldt is the oldest Barony in the SCA, (and I am now biased to that view should anyone contest it), some of its members have been playing for so long that they are fondly known as the Primordial Ooze. I thought that was such a quirky and fun term. I also observed in the distance, a group of jugglers practicing their trade. It made

me think of court jesters practicing along with Knights and Lords.



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# vents

## December

Sunday 1st - Toys for Tots Saturday 7th - Dragons Bay Yule Feast Saturday 14th - Yuletide Feast, Vallon D'or, Balingup

## January

February

## March

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Saturday 22nd March - Perth Medieval Fair, Supreme Court Gardens

Times to be confirmed closer to events.

# un and games!



### Can you spot?

- A female viking
- A ripped flag
- An axe in a tree stump

• An arrow in a helmet

- A flying head
  - A pole axe

## **Medieval Riddle**

A creature came where there sat many wise men in the meeting-place. He had two ears and one eye, two feet and twelve hundred heads, a back and a belly, a pair of hands, two shoulders and arms, a neck, and two sides. Now tell me his name.

~ Answer in the next newsletter ~

Last months answer: An Oyster.



#### Star Sign of the month: SAGITTARIUS 23 November – 23 December

Tis a time for making peace with thy past. Because emotional issues can leave thee distracted, it can be difficult to cast thou mind fully on thee practical world. Pleasureseeking and risk-taking can make a dent in ye coin purse now, particularly from the 5th forward, when st Venus be stoaking thou desire for st beautiful things and comfort objects. Nevertheless, gifts or pay raises may be in the offing. Support or opportune moments can arise on the 14th. Whenever thee can, take thee extra time for rest and recuperation.

## **Dragons Bay Contacts:**

CHAMPION of the Bow - Ulfr fra Jorvik (Ray) Seneschal - Robert Leffan of York (Geoff) Reeve - Osric of Lindisfarne (Scott) Herald - Ragnarr of Ravenshold Arts & Sciences - Petronilla Fairwif of Horsford (Lynn) Knight Marshal - TBC Constable - Thomas of Caerdyff (Frank) Chronicler - Kristen (Kristen) Webminister - Sarah (Sarah) Custodian - Raynald Greygoose (Andrew) Hospitaller - TBC

Many thanks to those who have contributed to this month's newsletter, without your input it would not have been possible!

# **USEFUL LINKS**

Shire Website http://lochac.sca.org/dragonsbay/index.html Please be aware it is under significant reconstruction

Kingdom of Lochac http://www.sca.org.au/lochac/

Kingdom Arts & Sciences Site http://www.sca.org.au/artsandsciences/

Guilds of Lochac http://www.sca.org.au/lochac/guilds/index.html

SCA Australia & Membership Information http://www.sca.org.au/committee/

Dragons Bay on Yahoo http://groups.yahoo.com/group/othershire/

Dragons Bay on Facebook search Shire of Dragons Bay

SCA Regional on Facebook search Western Principality New

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